

FITNESS INSTRUCTOR QUESTIONNAIRE

SW/HRD/QFT/001.1	Date:
Name:	<input type="checkbox"/> Have Qatari Driving License?

SN	DESCRIPTION	None	Familiar	Average	Good	Excellent
1.	Able to conducts fitness classes as requested by Club administration.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2.	Advices and instructs members on various exercise equipment's.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3.	Assists, advises and instructs members on programs of Aerobics, Gymnastics and any other physical fitness programs and diets	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4.	Assists in maintaining records and performs duties required in relation to the club members progress and standard.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5.	Maintains liaison with fitness instructor regarding the reporting of member's health and standard.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6.	Assists in updating files and records of the operation under the direction of fitness instructor.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7.	Maintains the daily operations of the equipment. Reports defective equipment to fitness instructor.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8.	Maintain the standard of safety, cleanliness and hygiene of the premises.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9.	Recommends to club fitness administrator ways and means of improving coaching methods and levels as well as creative activities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10.	Exercises maximum alertness and keeps constant eye on users and administers first aid and reanimation as and when required.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11.	Ensures the adherence to rules and regulations of Fitness Club by members and reports any infraction of the same by users. Prevent unauthorized entry to the premises.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12.	Assists when required in the organization and control of sporting events at the Club when assigned by fitness instructor.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13.	Can performs any other duties as required by the Club Administration.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Remarks: